

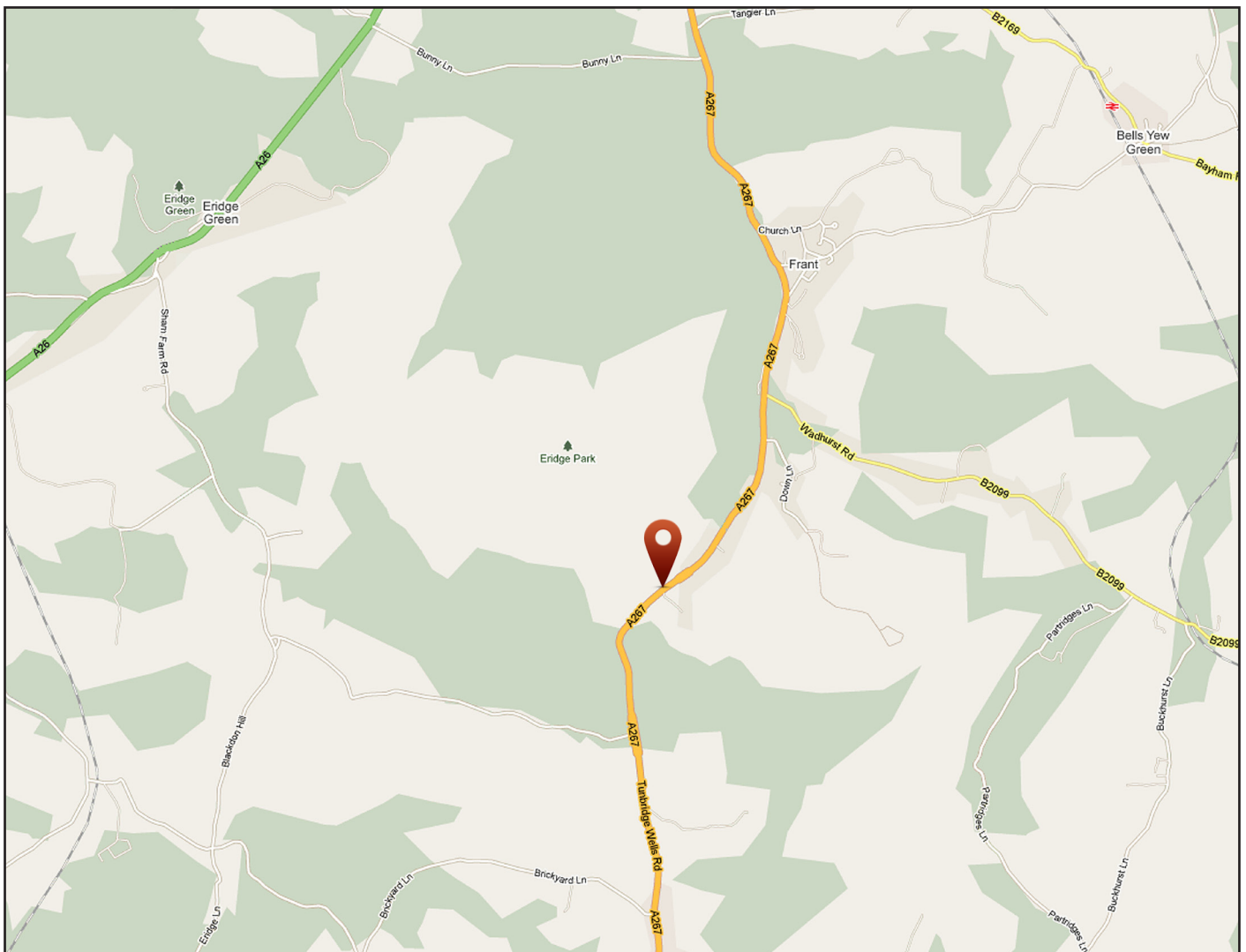


Dates: Saturday 06 October 2012 **Start time:** 10:00hrs

Car Park Opens: 08:30hrs **Car Park Closes:** 09:45hrs

Venue Address: Eridge Park, Tunbridge Wells, Kent. (A267 Entrance)

Postcode: TN3 9JT **Co-ordinates:** 51.080422,0.259423



For more information visit: majorseries.com

RACE INFORMATION:

An Information Pack will be sent to you via post approximately one month before the event. Please ensure you enter with your correct postal details. Included in your Information Pack will be your race number and timing chip.

RACE NUMBERS & CHIPS:

Please ensure you bring your timing chip and race number on event day with you. Replacement chips and race numbers will incur a £10 cash administration charge. No chip means you will not register a finish time. No chip and no race number means you cannot take part.

We will not be taking on-the-day entries. All entries must be pre-paid online.

CAR PARKING:

The event car park will open at 08:30 and close promptly at 09:45. Please allow sufficient time to arrive as there will be a queue to enter the car park and a short walk to the event start area. The parking will be on grass so if the weather is wet, your vehicle may get muddy and may require a bit of a push!

THE COURSE:

All of The Major courses are hilly, wet, muddy, dirty, challenging and fun! You can guarantee you'll be laughing your way around the course with your running comrades and that your trainers will never look the same again!

The 'Major' course is about 10 – 12km. The 'Minor' course is about 5 – 6km. There will be two water stations for the Major course and one water station for the Minor course. Kilometre markers will be positioned every 2 or 3 kilometres. Military Instructors will be located at all major obstacles or difficult sections on the course to help you through and keep you motivated and first aid medical support will be present on the course.

There are obstacles at every km or so to keep you on your toes. We keep these a surprise until the day but have a look at our event pictures or video for a sneak preview of some of them! You will always have the option to bypass an obstacle if you don't feel confident, and we will never put you in water that is out of your depth.

The course is suitable for an average level of fitness – it's tough, but you will receive help and encouragement along the way from the Major's troops and from your fellow runners!

Dogs / pets are not allowed on the property.

THE FACILITIES:

Car parking, portable toilets, a basic changing area (within a marquee) and kit storage are all provided for your convenience. Whilst the kit storage area is manned, your personal items are left at your own risk. We recommend leaving valuables (including mobile phones) at home. There are no shower facilities.

Onsite caterers will also be present selling hot drinks and hot food.

WHAT TO WEAR:

Normal gym / exercise kit is ideal. You will be muddy and wet, so leave your new kit at home, and throw on your old stuff! Cross training or fell running shoes are ideal. But if you don't mind sliding around a little in the muddier areas, an old pair of trainers will also be OK.

A change of clothes for the journey home and a plastic bag to put your dirty kit in is also recommended.

Spikes are not to be worn.

ENTRY FEES:

The October Major Series fees are as follows:

	Early Bird	Standard Entry	Late Entry
	05/03/12 – 27/04/12	28/04/12 – 29/06/12	30/06/12 – 17/10/12
Minor (5 – 6km)	£24	£29	£34
Major (10 – 12km)	£29	£34	£39

VOLUNTEERING:

If you would love to be involved, but are not quite ready for the Challenge, we are always on the hunt for willing volunteers to help out on the day of the event. As a thanks for your help on the day, you can have a free entry to the next event, which will give you something to aim for! As well as this we'll give you an event t-shirt and goodie bag. On event day, our staff and volunteers are allocated a range of different roles from marshalling and assistance at registration, to timing chips and helping at the finish line. Email themajor@britmilfit.com if you are interested in helping out.

RESULTS & PHOTOS:

Links to race results and photographs will be emailed to all participants following the race. They will also be posted on our event website.

PRIZES:

Prizes will be awarded to the fastest male and fastest female category. Winners will be contacted the week following the event. No prizes will be awarded on the event day.

As advertised, all entries to the series are non-refundable and non-transferable in the case of no attendance or withdrawal.

FURTHER INFORMATION:

themajor@britmilfit.com
020 7751 9742 ex.2



For more information visit: majorseries.com